## SIN CITY DANCEFEST COMPETITION GUIDELINES

## **General Competition Requirements**

## **Contest Requirements:**

- 1. Entries: All contest must have a minimum of five (5) entries to be a valid contest.
- 2. Scoring System: All scoring can be computerized or manual.

**Waiver Forms:** Each contestant must sign the appropriate waiver form. No contestant will be permitted to compete without a signed waiver form. All contestant under the age of eighteen must have a parent or guardian sign any required forms.

**Role/Gender Requirements:** SCDF is open to persons of any gender dancing either lead or follow, as they prefer, and we encourage you to register in whichever role you would like to when dancing in any contest.

**Demonstrating Good Sporting Conduct:** Competitors must demonstrate good sporting conduct at all times, both on and off the competition floor. Competitors may not speak to judges regarding their placements or scores until after the awards have been given. It is bad sportsmanship to badger or argue with judges about placements and scores. Competitors must also refrain from any behavior that the judges deem inappropriate. Failure to adhere to this code of behavior may result in disqualification.

**Jack and Jill Division:** The Jack & Jill competitions are designed to highlight social dance skills in spontaneous swing dancing and the ability to dance well with a variety of partners. A bit of "luck of the draw" comes into play as well.

Format: Competitors enter as individuals, are randomly assigned partners, and dance to music selected by the Competition DJ. Depending on the number of entries, preliminary and semi-final rounds may be held and will be danced in a heated format. There is no maximum number of competitors. No lifts or aerials above the head are allowed at this competition.

**Strictly Swing Division:** Dancing that encourages lead and follow partner dancing at its best. Although partner dancing includes amalgamations and patterns that are familiar to many dancers, the essence of lead and follow must be maintained in and out of these patterns. Strictly Swing division is not meant for long and extended prechoreographed phrases. Choreography "on the fly" is the objective. Drops, leans, circular movements and other partner weight support moves are allowed. No lifts or aerials are allowed above the head at this competition.

**Line Dancing:** Solo dancing that has been choreographed to a specific song. Everyone will dance to the dance choreographed to the song that was chosen. The line dance chosen for each level will be unique to that dance level. There will only be 1 line dance for Newcomer/Novice and 1 line dance for Intermediate/Advanced. Whoever progresses to the final will dance the same song again. We will be looking for timing, creativity, musicality, and showmanship.

## **Judging Criteria:**

<u>Timing:</u> Timing points are determined by the ability of the dancer to dance on the down beat of the music and to include syncopations that are also on the beats of the music.

<u>Technique:</u> "How Well You Do What You Do": We are looking for good footwork, balance, control, frame and line and how well turns & spins are executed. Well controlled arms and hands.

<u>Teamwork:</u> The ability of the partners to work together as a team. One person should not be obviously "out dancing" the other. TEAMWORK with action-reaction is essential in good dancing.

<u>Content:</u> "What You Do": the content is the spontaneous, and musical interpretation through physical movement. Showing variety and contrast will enhance your dance performance.

<u>Showmanship:</u> "How Well You Sell What You Do": showmanship/presentation is the ability of the dancers to keep the audience's attention for the entire length of the performance.